



## Recipe:

### Walter Sutton's Meatloaf

#### INGREDIENTS:

1 lb. ground turkey, extra lean

2 large eggs

1 large onion, diced

1 green bell pepper, diced

¼ teaspoon Worcestershire

¼ teaspoon dried thyme

1 cup roasted garlic  
breadcrumbs

1 cup sharp cheddar  
cheese, grated

1 small can tomato sauce

Minced garlic and black  
pepper, to taste

Your favorite barbeque  
sauce

#### DIRECTIONS:

Mix all ingredients together in a bowl and put in a pan.

Brush the top with BBQ sauce and bake at 300 degrees for 1 hour 30 minutes or up to 1 hour 45 minutes.